# *Men & Sexual Assault*

Sexual assault can happen to anyone. Thousands of men are sexually assaulted every year and it has nothing to do with their race, class, age, religion, sexual orientation, size, appearance, or strength. A man can be assaulted by a stranger, family member, or someone he knows and trusts.

# What can we do?

- Recognize men & boys are sexually assaulted
- Be aware of biases & myths
- Recognize the harmful sexrole stereotypes & homosexuality misconceptions
- Support male sexual assault survivors & allow them to make their own decisions

## Contact Us

P.O. Box 3837 Little Rock, AR 72203 501.246.3276 www.arkcasa.org

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Use a smartphone to scan the QR Codes.





## Male Survivors of Sexual Assault

Special Issues Facing Male Survivors





## Facts

- Men are usually assaulted by other men
- 98% of offenders are heterosexual
- Men are less likely to report



According to the US

Estimated number of men sexually assaulted during their lifetime



Strong or weak, outgoing or withdrawn, homosexual or heterosexual, old or young, male or female; No one does anything that justifies sexual assault

# Typical Reactions

Sexual Assault is always traumatic. Most grow up thinking sexual assault only happens to women. If male survivors think so too, they may feel isolated & alone.

### SHARED FEELINGS

Men usually share many of the same feelings of female survivors. These can include:

- Guilt
- Powerlessness
- Shock
- Anger
- Denial
- Concern regarding safety

### **ISSUES UNIQUE TO** MEN

- Concerns about masculinity/sexuality
- Medical Procedures
- Reporting to law enforcement
- Telling others
- Finding resources & support