

# MEN & SEXUAL ASSAULT



SEXUAL ASSAULT CAN HAPPEN TO ANYONE. THOUSANDS OF MEN ARE SEXUALLY ASSAULTED EVERY YEAR AND IT HAS NOTHING TO DO WITH THEIR RACE, AGE, RELIGION, SEXUAL ORIENTATION, SIZE, APPEARANCE, STRENGTH, OR PERCEIVED "MANLINESS." A MAN CAN BE ASSAULTED BY A STRANGER, A FAMILY MEMBER, OR SOMEONE HE KNOWS AND TRUSTS.

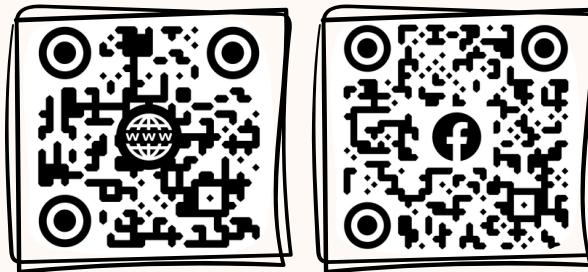
## WHAT CAN WE DO?

- Recognize that men and boys are sexually assaulted
- Be aware of biases and myths
- Recognize harmful stereotypes and misconceptions
- Support male sexual assault survivors and allow them to make their own decisions on how to recover post sexual assault

# CONNECT WITH US

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STAY CONNECTED.  
CHECK US OUT  
ONLINE.

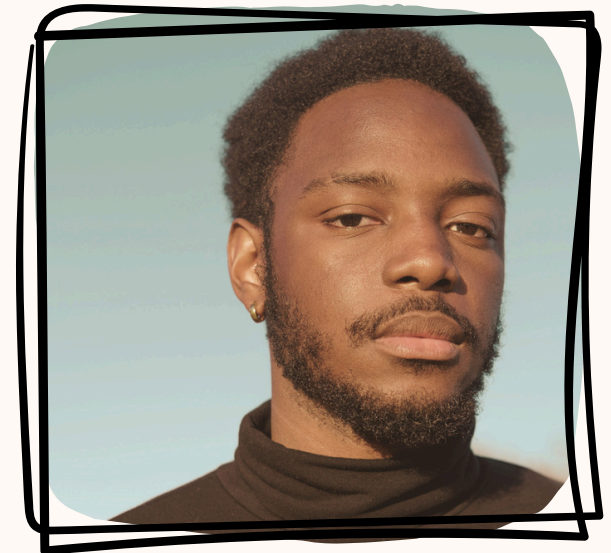


This project received support from Grant Number 15JOVW-25-GG-00127-MUMU, awarded by the Office on Violence Against Women. The opinions, findings, conclusions, and recommendations articulated in this publication/program/exhibition are solely those of the authors and do not represent the views of the Department of Justice or the Office on Violence Against Women.



# MALE SURVIVORS OF SEXUAL ASSAULT

SPECIAL ISSUES FACING  
MALE SURVIVORS





BEING SEXUALLY ASSAULTED DOES NOT DEFINE YOUR SEXUALITY, IDENTITY, WORTH OR FUTURE.



FACT

- MEN ARE USUALLY ASSAULTED BY OTHER MEN
- 98% OF OFFENDERS ARE HETEROSEXUAL
- MEN ARE MUCH LESS LIKELY TO REPORT

13,000

REPORTED MALE CASES OF SEXUAL ASSAULT PER YEAR  
(According to reported cases to the Department of Justice)



## POTENTIAL REACTIONS TO SEXUAL VIOLENCE

SEXUAL VIOLENCE IS ALWAYS TRAUMATIC. MOST GROW UP BELIEVING THAT SEXUAL VIOLENCE CAN ONLY HAPPEN TO WOMEN. IF MALE SURVIVORS BUY IN TO THIS BELIEF, THEY MAY FEEL MORE ISOLATED AND LONELY.

## SHARED FEELINGS

MEN SHARE THE SAME FEELINGS OF FEMALE SURVIVORS. THESE CAN INCLUDE:

- Guilt
- Powerlessness
- Shock
- Anger
- Denial
- Concern regarding safety



## ISSUES UNIQUE TO MEN

MEN ALSO EXPERIENCE ISSUES THAT MAY BE UNIQUE TO THE MALE EXPERIENCE:

- Concern regarding masculinity and sexuality
- Concern regarding medical procedures
- Fear of reporting
- Fear of telling others
- Fear of looking for resources and support and being rejected